# Breakfast Club Menu Allergen Information

Cereal 'Cheerios'

**Cereals containing gluten, oat, wheat, barley**.

**May contain nut traces**

'Shreddies' / 'Wholegrain Malties'

**Cereals containing gluten, wheat, barley.**

**May contain nut traces**

Semi skimmed **milk**

Wholewheat Toast

**Cereals containing gluten, wheat, barley, soya.**

Vegetable spread contains **milk**

Jam

**Eggs**

Baked beans

Yogurt contains **milk**

Fromage Frais contains **milk**

Fruit juice

Fresh fruit

Please ask in the school office if you require further information.